



# NEW HORIZONS MINISTRIES, INC.

## Motivation Monday (Dress up like your favorite super hero or role model)

**10AM - 11AM:  
Opening Session**

**1PM - 2PM:  
Empowerment Panel**  
*Pursuing your dreams, no matter what life  
throws your way.*

**4PM - 5PM:  
Evening Service**

## Turn Up Tuesday (Crazy Hat Day)

**10AM - 11AM:  
Zumba-  
Let's Get Moving!**

**1PM - 2PM:  
Sip & Paint**  
*Open your gift box and let's make a pretty paint-  
ing together.*

**4PM - 5PM:  
Evening Service**

**Versus Battle-  
Who's the Best DJ?**

## Wellness Wednesday (Wellness tips)

**10AM - 11AM:  
Yoga**

**1PM - 2PM:  
Cooking Class**  
*Let's make lunch together*

**4PM - 5PM:  
Evening Service**

## Throwback Thursday (Dress up like your favorite decade)

**10AM - 11AM:  
Cardio**

**1PM - 2PM:  
Game Day**  
*Whose team will win the PRIZE?*

**4PM - 5PM:  
Evening Service**

## Family Friday (NH T-Shirt Friday)

**10AM - 11AM:  
Closing**

**1PM - 2PM:  
Real Talk -  
Growing Up Black In  
America**

**7PM:  
Evening Service**

New Horizons Ministries, Inc. is a 501(c)(3) tax-exempt organization.  
Therefore, all donations are tax deductible and are officially recognized at  
the end of the year for tax purposes.

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